



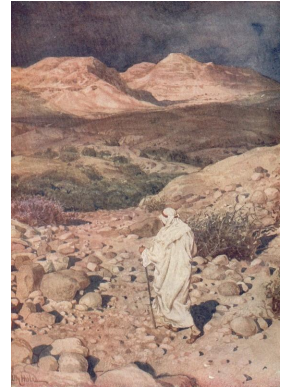
Christ the King

What Lent Means to Us

Lent is a time where we think about Jesus' death. This year it starts on the 22nd February and ends on the 6th April. Lent started when Jesus went to the desert for 40 days without food or water. When Jesus was in the desert he came upon a mountain and surprisingly found the devil and he was led into temptation by him, he was testing Jesus by seeing if he was really the Son of God.

However, Jesus resisted the Devil and after 40 days he was ready to begin his mission and he started to gather his disciples and to preach. We celebrate those forty days to celebrate Jesus.

Ralph and Finn CTK



Ash Wednesday

Ash Wednesday marks the beginning of the Lenten season, it lasts 40 days (6 and a half weeks) and it starts with Ash Wednesday and ends with Easter Sunday. On Ash Wednesday you normally have a mass and in that mass you dedicate part of it receiving the ashes. Everyone is called to the altar in a line.

The priest makes a mark in the form of a cross in the middle of your forehead and then you leave it on for the rest of the day. The mark is made from ground up palm tree leaves. This reminds us when Jesus rode into Jerusalem on Palm Sunday and the crowds waved palm leaves.

Ash Wednesday represents Jesus fasting and how Jesus is with us even when he is in the desert. It reminds us how Jesus gave up everything, even the basic needs for us.

Bella and Cora CTK

How Christians mark the Season of Lent

Lent is an important time of year when we get ready for Easter. Sometimes we have to reflect on the true meaning of Lent and Easter. We don't give up food and water (like Jesus did), but some of us give up certain sugary food. Some other people try and do jobs or good deeds they wouldn't normally do, like washing the dishes or tidying their room. But the select few people try to pray to God more often.

Pancake day is a time when we empty our cupboard of all the junk food in our house so that we don't get tempted during Lent.

Tegan CTK.



Make Lent
40 DAYS
OF AWESOME

Lenten prayer

Lenten Prayer for the Comfort of God's Grace

Almighty God, for those who have sinned, help us to listen to your word.

Jesus Christ our Lord, keep us from harm and discomfort.

Keep us safe from the things which hurt our bodies.

Remove all bad thoughts and actions which hurt other people.

We ask this through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever, Amen.

Isabella and Amelia