

*Education Echo

Edition 13

				
Christ the King	Corpus Christi	St Bernadette's	St Joseph's	St Philip Evans

Christ the King

Cost of Living Crisis

Over the past year, Ukraine and Russia have been involved in a terrible war. In addition, the UK has been going through an economic recession.



This has caused energy, rent and food prices to go up. Many people have been struggling to afford these stunning price rises and are extremely stressed by this. Parents especially worry because they might not have enough left over from paying their rent and heating their home to buy food and clothes for their children and themselves. Food Banks and Warm Spaces have opened to help communities. Warm Spaces in libraries or parish halls give people a warm place to go to when they can't afford to heat their homes. Being able to visit a foodbank also helps people to get basic foods such as bread and cereal,

Amelia and Ralph

Safe Deforestation

Deforestation occurs because companies need wood for buildings and furniture and also the resources that come from wood such as paper. Most people think this is a bad thing and it usually is. They use machines that cause pollution and the wildlife is destroyed. Also, deforestation increases greenhouse gases. The Amazon rainforest has been badly affected by deforestation. But in a few countries, when some companies chop down the trees they do one thing: they simply plant new saplings. That way, when they come back to the same forest a few years later the trees will be fully grown and they repeat the cycle. So that is what makes it better, although the wildlife is still badly affected when trees are felled.

Finn

Strep A is Very Rare

You may have heard in the news about children dying of an illness called Strep-A. This can be worrying, but it is important to understand that this is very rare. **Group A Streptococcus** (GAS) is a common bacteria that usually lives in our throats without causing us any harm.

But on rare occasions, it can cause infections such as tonsillitis and scarlet fever. But on even **rarer** occasions, it can cause something even more serious than Group A, Strep. Just like **COVID**, it's passed through droplets from sneezing or coughing, so good hand hygiene and throwing tissues away help to avoid catching it. Fortunately, scientists have been working to find a cure and it's been going well so far.

Tegan

Eco News: Marine Litter

Litter is when people deliberately throw away their rubbish where it is not meant to be, for example on the ground, or on beaches. Litter sometimes gets washed into the sea and harms the ocean's ecosystem and wildlife. Every year the ocean gains 8 million tons of plastics.

The North Pacific Ocean is currently the world's most polluted ocean. Litter can exist in the environment for long periods of time before it decomposes-in fact, a plastic fork can take 200 years to decompose! To be eco-friendly: Use reusable cutlery, cups and bottles. Not only can it help reduce your carbon footprint, but it also helps reduce the need for harvesting raw materials, saves energy, prevents pollution, and more. By improving our recycling habits we can help keep them clean, and preserve our natural resources. **Bella, Cora & Isabella**



St Bernadette's

New Year Prayer

The New Year has started and we are all getting ready for the next year of un. We hope you can join us in prayer as we ask the Lord our God to help to guide us in a the New Year of 2023.

Heavenly Father,
Please watch over us and guide
us as we venture into our New Year,
Give us the courage to do the right thing,
Help us to look out for others
and fill us with your unconditional love
as we pray unto you,

Help us to Live, Learn and Believe,
In Jesus' Name



Amen

By Jack

New Year's Resolution

Since it's a New Year, that means we have an opportunity to make a new goal. This is called a New Year's Resolution. We do this every year so that we can achieve something new in life. Let's try to be kind, loving and respectful during this New Year and be the best you can be.

Here are some practical examples of New Year Resolutions:
Do something helpful for a family member
Take your plates back to the sink
Smile at each other
Keep your room tidy
Remember to say, Diolch and Os gwelwch yn dda.

By Megan, Olympia, Isabel
and Cassidy



A Prayer for Pope Benedict XVI

As we learned in our Christmas Holiday, Pope Benedict XVI sadly passed away.
Let us pray to God for his ministry and life.

Heavenly Father,

We thank you for sending servant down to lead the Catholic Church.
May his teachings on being a Christian continue to challenge us today and always.

"Being a Christian," Benedict writes, "is not the result of an ethical choice or a lofty idea, but the encounter with an event, a person" — Jesus Christ."
May his body rest in everlasting peace.

Amen

By Aldyn



St Philip Evans Primary School

Australian Open

The Australian Open is one of the places where the Grand Slam is held where the Australian Open is held in January, the Roland Garros in France in late May to early June, Wimbledon in late June to early July and Us Open in August to September with each lasting two weeks. The Australian Open is played in Melbourne, Australia, it has been played on 3 different surfaces from Grass from 1905 to 1987, Rebound Ace 1988 to 2007 and Plexicushion from 2008 to present. Did you know that it is played in January because in 1998 an extreme heat rule was brought in and it is the only major tournament that has a heat policy? If the temperature gets higher than 35 degrees Celsius the match must be stopped for a short period of time because the players are dehydrated. In 2007 the temperature on the courts reached 50 degrees Celsius.

By Aifel
St Philip Evans

The 6 Nations

The Six Nations Championship (known as the Guinness Six Nations for sponsorship reasons) is an annual international men's rugby union competition between the teams of England, France, Ireland, Italy, Scotland and Wales. The current champions are France, who won the 2022 tournament. Rules : The Six Nations Championship is contested once each season by the international sides of France, England, Ireland, Italy, Scotland and Wales. Each team plays the other five once per season with home advantage in alternate seasons, giving a total of 15 matches per Championship. Ordinarily, the Championship takes place in February and concludes by the end of March, with rest weekends in weeks three and five.

Facts: It all started in Swansea, with a rugby match between England and Wales on 16th December 1882; and from that tussle, the 6 Nations was born. Now the oldest rugby championship in the world, the Home Nations Championship, as it was known then, was a competition between four nations - England, Scotland, Wales and Ireland. England and Ireland have never won the Wooden Spoon award. Scotland was the last team to win the Five Nations Rugby which was converted to Six Nations Rugby after Italy was added in 2000.

By Tim and Sara
St Philip Evans

Gareth Bale has just retired

Wales has just lost an amazing player that has been on the team for around 14 years. Gareth Bale has been playing football for Wales since he was 16 and made his debut appearance for Wales on 27 May 2006, during a friendly against Trinidad and Tobago. At 16 years and 315 days old, Bale was the youngest ever player to represent the side at the time. He has now officially retired and has scored a remarkable 41 goals for Wales. Gareth is only 33 but at least he got to play for the World Cup. It is first time in 64 years that Wales have made the World Cup and Bale, as captain led the team. In the world cup, he played three matches, scored 1 goal and got 1 yellow card. Unfortunately, on the 9th of January 2023 at the age of 33 Gareth announced all of his achievements in football including: five champion league titles, three La liga crowns and 41 goals across 111 games for his country and he said, "That's enough!" and now he has officially retired! Oh what will Wales do without him? We will find out, in time!

By Seona and Neveah
St Philip Evans

St Joseph's

Health and Well-Being - Your New Year's Resolution - How is it going?

A New Year's resolution is a promise to do something differently in the new year. Not made one this year? It's only January so there's still time to start! Need some inspiration? Keep reading...

Get active- This is a great way to stay healthy or to learn something new such as sport or dance. It could also be just going for more walks in the park. Have you checked out what after school clubs are on offer at your school which could help you stay active?

Eat good food- You may have eaten way too much chocolate over the holiday so now could be the time to cut down on sugary treats. Maybe check out some healthy recipes online?

Reduce your screen time- Do you take enough breaks from your screen? Maybe now is the time to decide to spend more time doing something else? Call your friends for a chat instead of messaging. Spend more time outdoors playing with friends.

Spread kindness - It's nice to be nice! Being kind to others can often make us feel happier too. Why not decide to do one act of kindness every day? Imagine how lovely the world would be if everyone did this?

Be more eco-friendly- Could you recycle more? Cut back on the amount of single-use plastic that you use? Eat less meat or make sure you turn the tap off more while you're brushing your teeth?

OR.....

You could just make a list of everything you're looking forward to in 2023! Just enjoy the year ahead!



Corpus Christi

Top 10 Trending Songs 2023

1. 10:35 - Tiesto and Tate McRae
2. I'm good - David Guetta and Bebe Rexha
3. 2 be loved - Lizzo
4. Anti Hero - Taylor Swift
5. Levitating - Dua Lipa
6. Kill Bill - Sza
7. Shivers - Ed Sheeran
8. Creepin - The Weekend and Metro Boomin
9. Left and Right - Charlie Puth and BTS
10. Boys a liar - PinkPatherness



Interesting Facts

- A cockroach can live without its head for a 1 week
- A crocodile can not stick its tongue out
- A shrimp's heart is in its head
- Grapes light on fire in the microwave
- McDonalds once created bubble gum-flavored broccoli
- Lobsters have clear blood
- The longest place name in the world is 85 letters long
Taumatawhakatangihangakoauauotamateaturipukakapiki-maungahoronukupokaiwhenuakitinatahu
- Bubble wrap was originally invented as wallpaper
- Shakespeare invented more than 1,700 words
- Einstein's brain was stolen when he died
- It's illegal to own a guinea pig in Switzerland
- There's a planet shaped like a potato
- Scientist made a nanoguitar the size of a Human blood cell



We challenge you to share some of these facts with your family and friends
They will be amazed!