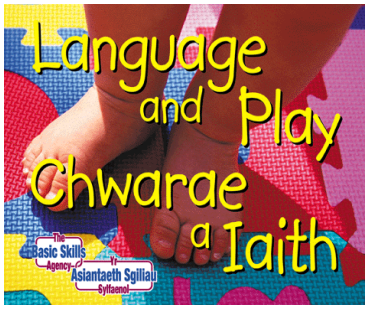


The Language and Play is a six week programme designed to support parents and carers and their babies and children (0-3) and focuses on communication, language, literacy and play.

Being a parent is the most important job in your life and the most challenging. We believe you are your child's first educator and we want to share some ideas with you. If you want to give your child a great start try cuddles, talk, rhymes, sharing a story each day and playing together – and it's absolutely free!

There are 6 sessions for you and your child to enjoy:

- importance of talking to children,
- routines
- out and about
- books and stories
- songs and rhymes
- pre-writing skills

