



Name: _____

Date: _____

Food for thought

Read each statement with your partner and then discuss which answer you think is correct.

1 Food For thought

I can help my muscles and other parts of my body to grow by eating ...

- a) meat, fish, beans and lentils
- b) apples, carrots, spinach and bananas
- c) doughnuts, chocolate, chips and butter

2 Food For thought

Dogs can get ill and even die if they eat too much ...

- a) sausages
- b) chocolate
- c) raisins
- d) crisps

3 Food For thought

Two hundred years ago, some people thought that the best way to stay slim was to drink lots of ...

- a) water
- b) wine
- c) tea
- d) vinegar



4 Food For Thought

The name of the big flat bone in your shoulder is the ...

- a) patella
- b) scapula
- c) skull

5 Food For Thought

Muscles are joined to bones by ...

- a) tendons
- b) ligaments
- c) joints

6 Food For Thought

The bones which protect your brain are your ...

- a) rib cage
- b) backbone
- c) skull bones

7 Food For Thought

Some animals do not have skeletons. Which one of these animals does not have a skeleton made of bones?

- a) mouse
- b) snake
- c) pigeon
- d) octopus